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**A STUDY OF SCHOOL ROLE IN THE DEVELOPMENT OF MENTAL  
HEALTH**

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**ABSTRACT**

A person's mental health is influenced by many things, including their genes, their physical health, their family life, their school, and their community. The way in which our physiological needs are addressed, particularly in early childhood, has significant implications for our psychological well-being as adults. Every human being has basic needs, including the physiological, organic, and egoistic ones; the need to feel safe and loved; the need to be acknowledged as an individual with value and worth; the need for independence and growth; the need to gain knowledge and skills through play; and the yearning for a sense of community and belonging. These requirements can be fulfilled in a home where the child is loved and cared for, and where punishment is based on an accurate assessment of the child. Similarly, a school that respects its students and provides them with a rigorous academic curriculum and worthwhile extracurricular activities can have a positive impact on their mental health. Children's emotional and physical well-being should be given first priority. Many modern adolescents avoid serious troubles throughout their teenage years despite the fact that all young people nowadays face immense stresses. Nonetheless, about one-fifth of children and adolescents will struggle with emotional and behavioral disorders throughout their developmental years. Modest estimates place the prevalence of mental illnesses among young people at 10% at any one time, with devastating effects including significant learning disabilities, health problems, and drug use. More than 3% of school-aged children suffer from serious emotional illnesses such as clinical depression and suicidal thoughts, psychoses, severe attention challenges, or obsessive-compulsive disorder.